



Center for Young Adult Addiction and Recovery

COLLEGIATE RECOVERY PROGRAM COMMITMENT CONTRACT

THIS AGREEMENT specifies the terms and conditions of your participation in the Kennesaw State University Collegiate Recovery Program (CRP). By signing this contract, you acknowledge that you have read and understand its terms and agree to abide by the CRP's policies and procedures outlined below. The staff at the Center for Young Adult Addiction and Recovery reserves the right to amend the terms of this Agreement at any time in accordance with the best interests of Kennesaw State University and the Collegiate Recovery Program. Should amendments be made to this agreement you will be notified of the amendment and given the opportunity to review such changes and to continue your participation in the CRP.

PARTICIPANT AND PROGRAM GOALS

The Collegiate Recovery Program is a voluntary program offered by Kennesaw State University to provide support to students in recovery. Acceptance into the program is separate from admission to the University; admission to or continued acceptance to the University is not contingent upon, nor does it guarantee, admission to or continued acceptance into the program.

By choosing to participate in the CRP, you recognize that you are responsible for your actions and efforts to sustain your recovery and grade point average and that the program is meant to support those efforts while you are a student at KSU. In agreement to the terms and conditions you acknowledge that the program enhances your ability to achieve academic success, complete degree requirements, sustain recovery and to continue your individual development and leadership skills.

COMMITMENTS

I understand that the procedures and requirements outlined in this contract will be enforced by the program staff. In order to maintain eligibility for priority registration, CRC scholarships, and other CRP member benefits; you must agree to abide by the following terms and conditions of participation in the CRP:

As a member of the Collegiate Recovery Program (CRP), I will:

1. Attend one on-campus Recovery meeting per week as part of your service commitment.
2. Attend all mandatory CRP meetings and activities.
3. Attend bi-monthly Celebration of Recovery meeting.
4. Attend weekly Seminar meeting.
5. Attend and participate in my classes, turn in assignments on time and attend meetings with my CRP Academic Advisor.
6. Develop a strong, honest relationship with my sponsor.
7. Adhere to the recovery legacy of honesty, open-mindedness and willingness.
8. I will refrain from using obscene or derogatory language in and around the CRP and when participating in any program events.
9. Treat others respectfully and use proper boundaries in honoring the privacy and confidentiality of others.
10. Support the CRP students and hold them accountable to the policies of the **CRP Commitment Contract**.
11. I am aware that my behavior on and off campus is a reflection of the Program and I will subsequently conduct my day-to-day activities with honesty, integrity, leadership and character.
12. Refrain from engaging in illegal conduct.
13. I will not participate in making alcohol accessible to minors. I will not participate in conduct which contributes to the relapse of an individual known to suffer from an addictive disorder.
14. Refrain from attending environments where it is the intention to be around drugs, alcohol and/or other illegal activities. When attending activities such as concerts where drugs may be present, it is essential to know if your intentions are to hear good music or to live vicariously through others. These events are best attended with a supportive group of others in recovery.
15. I take responsibility for my own recovery. I will secure and keep appointments for maintaining ongoing mental health care relationships with psychologists, therapists, or psychiatrists when therapy and medication have been recommended as a part of my recovery plan.
16. I will not use or possess mood-altering substances (either on or off campus) not prescribed for me by a licensed physician, nor use or bring substances into the Program space. Mood-altering substances include any compound, mixture or substance containing any of the following, regardless of purity:
 - a) Alcohol, including distilled spirits, wine, malt beverages and intoxicating liquors;
 - b) Marijuana, cocaine, in any form;
 - c) Narcotic drugs, including opium, opiates, codeine and morphine;
 - d) Controlled stimulants, including amphetamine and methamphetamine;
 - e) Controlled depressants, including amobarbital and pentobarbital;
 - f) Over the counter diet pills and certain herbal supplements;
 - g) Anabolic steroids, stimulants (i.e., oxy cut, nitro tech) which have been major precursors for relapse;
 - h) Any hallucinogenic substances; and/or

- i) Any preparation that is equivalent with or identical to any of the previously listed substances in its effect and potential for abuse.

*If you have any questions about the above or any part of the CRP Commitment Contract, please speak with a CYAAR staff member.

17. I will not possess any drug paraphernalia.
18. I will not use any relapse behaviors.
19. I will not assist, enable or encourage other students to use addictive behaviors. I will not, by my action or inaction, allow another to participant to conceal his or her use of addictive substances or to engage in addictive behavior. If I learn or suspect that a CRP student has relapsed, I will:
- **First, speak directly to the student encouraging them to disclose their relapse to the Center for Young Adult Addiction and Recovery (“CYAAR”) staff.**
 - **Second, notify the director or program coordinator that I have knowledge that a CRP student has relapsed.**
 - **We understand that everyone is responsible for their own behavior and recovery, but in order to keep the CRP a safe place, we expect members to be accountable to each other and follow the above steps in the event a member relapses or is suspected of having relapsed. Not every member is in the same place and may need more accountability in this way.**
20. I will disclose my status as a person in recovery at my first meeting with any physician or health care professional.
21. I will take all medication only as prescribed to me.
22. If any member of the Collegiate Recovery Program relapses, they must meet with a staff counselor to develop a recovery plan.
23. I understand that confidentiality and anonymity are traditions of a recovery Program but not guaranteed by any CRP staff member. Staff members will follow all FERPA guidelines which generally prohibit the improper disclosure of personally identifiable information derived from education records.
24. In the event of imminent threat of harm to yourself or others or are unable to care for yourself, I understand that a CRP staff member may act on my behalf. This includes but is not limited to contacting my named emergency contact on my application form.

PARTICIPANT SIGNATURE (required):

SIGNATURE OF PARTICIPANT

PRINT name here

IN WITNESS OF THE ABOVE TERMS AND CONDITIONS OF THE Collegiate Recovery Program, the undersigned has caused this Agreement for potential participation in the Kennesaw State University, Collegiate Recovery Program to be executed as of this _____ day of _____, 20____.

SIGNATURE of CYAAR STAFF